

# NOVEMBER | 2023



## NECEDAH ELEMENTARY SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1 Pepperoni Pizza Grahams Baby Carrots & Cucumbers Fruit Choice Milk Choice Fruit Snack	2 Cheesburger on Bun Oven Baked Fries Baked Beans Fruit Choice Milk Choice	3 Orange Chicken w/ Steamed Rice Mixed Vegetables Fresh Veggies Fruit Choice Milk Choice Fortune Cookie
6 French Toast Sticks/syrup Jones Sausage Patty Fruity Juice Fresh Veggies Fresh Sliced Apples Milk Choice	7 Cheesy Breadsticks/ marinara sauce Goldfish Pretzels Steamed Carrots Fresh Veggies Fruit Choice Milk Choice	8 Fall Holiday Meal- Turkey, stuffing & gravy Mashed Potatoes Green Beans Fresh Veggies Warm Cinnamon Apples Pumpkin Fluff Milk Choice	9 Chicken Tenders Sun Chips Baked Beans Fresh Veggies Fruit Choice Milk Choice	10 Pizza Munchable- Pita, pepperoni, cheese, Pizza sauce Baby Carrots Fresh Veggies Fruit Choice Milk Choice
13 Cheese Pizza Grahams Mixed Vegetables Fresh Veggies Fruit Choice Milk Choice	14 Chili w/ Macaroni (for Chili) Warm Corn Muffin Steamed Corn Fresh Veggies Fruit Choice Milk Choice	15 Bosco Stick/ Marinara sauce Lettuce Salad/dsg Fresh Veggies Fruit Choice Milk Choice	16 Hot Dog on Bun Baked Beans Fresh Veggies Fruit Choice Milk Choice Cookie	17 NO SCHOOL PD DAY
20 Chicken Patty on Bun Cheddar Crackers Steamed Carrots Fresh Veggies Fruit Choice Milk Choice	21 Rotini w/ Meat Sauce Warm Breadstick Green Beans Fresh Veggies Fruit Choice Milk Choice	22 NO SCHOOL THANKSGIVING BREAK	23 NO SCHOOL THANKSGIVING DAY	24 NO SCHOOL THANKSGIVING BREAK
27 Taco Bites/ Taco sauce & sour cream Seasoned Black Beans Fresh Veggies Fruit Choice Milk Choice	28 Chicken Nuggets Grahams Steamed Corn Fresh Veggies Fruit Choice Milk Choice	29 Turkey Wrap w/ Lettuce, tomato, sauces Baked Chips Fresh Veggies Frozen Fruit Cup Milk Choice	30 Mini Corn Dogs & Macaroni and Cheese Mixed Vegetables Fresh Veggies Fruit Choice Milk Choice	1

ALL ELEMENTARY AND NVI STUDENTS MAY EAT BOTH BREAKFAST AND LUNCH AT NO CHARGE TO FAMILIES FOR THIS SCHOOL YEAR

Students can choose the Daily listed menu OR They may choose the alternate menu choice.

*The alternate menu choice is:*

- Yogurt Cup
  - String Cheese -Crackers
- \*\*The alternate choice is available daily

The students who choose the alternate may choose from all other menu items offered on that day.

Reminder that all students must choose a full serving (1/2c) of fruit or vegetables daily with their meal.

### BREAKFAST

Breakfast is offered daily.

We invite all students to start their day with a healthy breakfast at school.

*Students in Grades 3 thru 5 are able to choose one of 2 options daily*

Offered Daily:

- Juice and Fruit Choices
- Milk Choices

\*\* All students must choose at least 3 items

& 1 must be a juice/fruit with Their breakfast meal